

## A photograph of three hikers on a forest trail. The hiker on the left is a woman wearing a green shirt and blue shorts, carrying a large backpack. The hiker in the middle is a man wearing a red shirt and tan pants, also carrying a backpack. The hiker on the right is a man wearing a blue shirt and dark pants, using a trekking pole. They are walking on a dirt path surrounded by trees and foliage.

**1.5 miles in the park, about 2,190 miles total | Most difficult hiking | Point-to-point trail | White blazes**  
**Recreations permitted:** hiking  
**Trailhead amenities:** modern restrooms, picnic tables, benches

The famous Appalachian Trail (AT) passes through the park on its way north to Mt. Katahdin in Maine and south to Springer Mountain in Georgia. This section of the AT gives hikers a taste of the terrain of the entire trail. Many scout groups use this part of the AT as a practice trip before setting out on longer excursions. Hikers can stay overnight on the AT on their way from Caledonia to Pine Grove Furnace State Park. The Potomac Appalachian Trail Club maintains this section of the trail.

**1.3 miles** | **Easiest hiking** | **Out-and-back trail** | **Yellow blazes**  
**Recreations permitted:** hiking, biking  
**Trailhead amenities:** modern restrooms, picnic tables

This park “right-of-way” is perfect for the entire family. Level and grassy, the waterline cuts across the entire park and offers glimpses into the dark and beautiful forest.

**2.8 miles** | **Most difficult hiking** | **Loop trail** | **Yellow blazes**  
**Recreations permitted:** hiking  
**Trailhead amenities:** modern restrooms, picnic tables

This is the longest and most rugged trail in the park. With its trailhead at the waterfall on Thaddeus Stevens Historic Trail, Charcoal Hearth Trail climbs steeply for 10-15 minutes to Graefenburg Hill before leveling off, then descends gradually to a quiet stream near the Furnace Dam and pond. On the descent, watch for four historic charcoal hearths (noted on the map) and an old wagon road. Keep a watchful eye out for squirrels, chipmunks, white-tailed deer, and birds.

**0.7 mile | More difficult hiking | Connector trail | Yellow blazes**  
**Recreations permitted: hiking**

This dirt road serves as a fire break for the Chinguapin Campground and an access road for park vehicles.

**0.6 mile | Easiest hiking | Out-and-back trail | Yellow blazes**  
**Recreations permitted:** hiking

Starting at the trailhead kiosk, this trail passes through the park near the swimming pool, past the park office, and ends in the organized group tenting area. This uniquely beautiful walk is pleasant and level under a heavy canopy of white pine.

**1.8 miles | Easiest hiking | Loop trail | Yellow blazes**  
**Recreations permitted:** hiking  
**Trailhead amenities:** modern restrooms, picnic tables, benches

This wide walking trail begins at the trailhead kiosk, passes through the scenic lowlands of the park, and then returns to the pool area. In its circular route, the trail follows the millrace of an old rolling mill and passes Rolling Mill Falls. The trail also passes through one of the oldest white pine plantations in Pennsylvania. This is a quiet place to see woodland birds.

**0.8 mile | Easiest hiking | Out-and-back trail | Yellow blazes**  
**Recreations permitted: hiking**

Brochures are available at the park office for this self-guiding trail. Step back in time to imagine the bustling community of the Caledonia Iron Works. Investigate the blacksmith shop, millrace, falls, header dam, and furnace dam. Start at the trailhead kiosk or at the blacksmith shop. Return to the park by way of the Midland Trail which passes by the park office.

**0.7 mile | Most difficult hiking | Connector trail | Blue blazes**  
**Recreations permitted: hiking**

Beginning along Ramble Trail, Three Valley Trail crosses over the Chambersburg Water Line and ascends 400 feet up Ore Bank Hill to the Appalachian Trail (AT). This trail is maintained by the Potomac Appalachian Trail Club as a side trail to the AT. It is blazed in blue, but white blazes appear when the trail merges with the AT at the top of the incline.

**0.7 mile | Easiest hiking | Out-and-back trail | Red blazes**  
**Recreations permitted:** hiking, biking

Although short, this path is suitable for bicycles. Caution - For your safety, do not bicycle on US 30. This trail was once an old trolley grade that brought visitors from Chambersburg to the Caledonia Amusement Park. The old blacksmith shop once served as the trolley station.

**0.3 mile | Easiest hiking | Loop trail | Yellow blazes**  
**Recreations permitted:** hiking  
**Trailhead amenities:** benches

Discover the lowland forests of Caledonia State Park on this short loop trail that begins along the park road between the two bridges after passing the park office.

