## HIKING, BIKING, AND BOATING TRAILS

Not only is Point State Park the confluence of rivers, it is the meeting place of many hiking, biking, and boating trails.

## **CAUTION:**

- When river levels are high, trails may flood. Please use an alternative route.
- Bicyclists, please be aware of the safety of other park users and travel at a
- safe speed.
- Pedestrians, please be aware of bicycles.

**THREE RIVERS HERITAGE TRAIL:** The Three Rivers Heritage Trail (TRHT) is a trail and greenway system in the Pittsburgh area covering 33 miles along both sides of the Allegheny, Monongahela, and Ohio rivers. It is a nearly complete route and mostly paved for cycling, walking, and rolling. The trail is a great way to explore the city and learn regional history with over 60 educational signs. An additional 36 miles of trail are in planning or development phases. The TRHT also connects to the Great Allegheny Passage (GAP), the developing Erie to Pittsburgh Trail, and the Pittsburgh to Harrisburg Main Line Canal Greenway. For more information and a trail map, visit https://friendsoftheriverfront.org.

**GREAT ALLEGHENY PASSAGE:** The Great Allegheny Passage (GAP) rail trail offers 141 miles of hiking and biking between Cumberland, MD, and Point State Park in Pittsburgh. In Cumberland, the GAP joins the C&O Canal Towpath, creating a continuous trail experience of 325 miles to Washington, D.C. The ten-foot-wide multipurpose trail is built on railroad corridors of gentle grades, sweeping curves, large bridges, and tunnels that pass through the mountains, not over them. The terminus of the GAP is at the Forks of the Ohio medallion near the fountain in Point State Park.

The trail system links the Cumberland and Pittsburgh metropolitan areas, providing visitors with an opportunity to travel through and learn about this region's importance to the development of national culture and politics. The Great Allegheny Passage is a part of the Potomac Heritage National Scenic Trail, a diverse network of trails and routes running between Point State Park in Pennsylvania and Point Lookout in Maryland.

The Fort Pitt Museum is an official National Park Service Passport stamp location for the trail. www.gaptrail.org GPS: Lat. 40.44189 Long. -80.01324

## THREE RIVERS WATER TRAIL:

This National Recreation Trail is a series of boat launching points on the Allegheny, Monongahela, and Ohio rivers that aids non-powered boaters in exploring the three rivers and the city of Pittsburgh. Red paddle signs orient water trail users from the land and water to amenities like launching ramps, educational signs, canoe/kayak racks, and parking lots. The trail was created and maintained by Friends of the Riverfront, a nonprofit that promotes stewardship of the rivers. https://friendsoftheriverfront.org

Tell us about your hike at:

ExplorePAtrails.com

## LEARN, EXPERIENCE, CONNECT

Point State Park offers a variety of programs year round. Programs cover topics such as changes over time, Pennsylvania mammals, native wildflowers, bird watching, and also include joint programming with onsite partners such as "Forks of the Ohio" homeschool series and "Living History at Fort Pitt" demonstrations.

Curriculum-based environmental education programs are available to schools and organized groups. Call the park office to schedule a group program. A variety of professional development workshops are also offered for teachers.

Contact the park office or explore the online calendar of events, https://events.dcnr.pa.gov, for more information on programs and other learning experiences.



